

## CAESAR SALAD KIT 6/2#

Nutrition Facts	
Serving Size (100g)	
Amount Per Serving	
<b>Calories</b> 110	Calories from Fat 40
% Daily Value*	
<b>Total Fat</b> 4.5g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	2%
<b>Sodium</b> 280mg	12%
<b>Total Carbohydrate</b> 16g	5%
Dietary Fiber 3g	12%
Sugars 3g	
<b>Protein</b> 4g	
Vitamin A 140% • Vitamin C 6%	
Calcium 2% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ROMAINE LETTUCE, CARROT, LIGHT CAESAR DRESSING (water, soybean oil, romano and parmesan cheese [part skim milk, cheese cultures, salt, enzymes], red wine vinegar, egg yolk, salt, sugar, modified corn starch, distilled vinegar, extra virgin olive oil, dehydrated garlic, lemon juice concentrate, mustard seed, spices, autolyzed yeast extract, xanthan gum, phosphoric acid, anchovies, molasses, caramel, tamarind, natural flavor), WHOLE WHEAT CROUTONS (whole wheat flour, water, evaporated cane sugar, wheat gluten, garlic butter seasoning [dehydrated garlic, salt, natural butter flavor, sugar], canola oil, yeast, salt).

Contains Egg, Fish, Milk, Wheat.